

Day and Night Craft

Night and day are important concepts to teach our preschoolers. The Earth, the moon and the sun are a part of the solar system, with the sun at its center. We get day and night because the Earth rotates on an imaginary line called an axis. During daytime, our part of the Earth is facing the sun. As the Earth rotates, we move away from the sun until eventually, the sun is no longer visible. For us, this is now nighttime, but for the other side of the planet, day has just begun.

Learning about nighttime and daytime works as a precursor to introducing our Bel Foundation children to calendars and other methods of tracking time. This **Day and Night Craft** is an interactive craft that they will love to play with as well it works as an educational craft for them.



SUPPLIES:

- ❖ Sun and moon pictures (you can simply print them out or draw them on a white paper and cut them out)
- ❖ Two paper plates
- ❖ Craft paint: black, white and light blue
- ❖ Paint brush
- ❖ Scissors
- ❖ Pencil
- ❖ Glue
- ❖ Hole punch
- ❖ Paper fastener



How to do it?

STEP 1

1. Start by tracing a line in the middle of a paper plate.
2. Ask your little one to paint half of the paper plate black.



STEP 2

1. Add a few water drops to the white paint.
2. Let your child dip the paint brush into the paint.
3. Help them add the stars by placing the paint brush over the black half of the paper plate and tapping gently on the paint brush (It's not a problem if the white paint ends up on the other half of the paper plate as you will cover that half in the next step).





STEP 3

1. Keep the night sky paper plate aside to dry completely. In the meantime, cut out the moon, clouds and sun pictures.
2. Ask your Bel Founder to paint the other half of the paper plate light blue.



STEP 4

1. Let your child glue the sun and white cloud onto the blue half and the moon onto the black half. The sun and moon need to face each other.



STEP 5

1. It is your turn now to trace a line in the middle of the second paper plate.
2. Use the scissors to cut out a window in one half of the paper plate, above the middle line.



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STEP 6

1. Encourage your Bel Founder to use the hole punch (*under careful adult supervision*) to make a hole in the middle of the second paper plate, along the middle line. Punching with the hole punch will help your child to strengthen the tiny muscles of their hands.



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STEP 7

1. Place the second paper plate on top of the painted paper plate and use a pencil to mark a hole in the middle of the painted paper plate.
2. Then, use the pencil to make a hole.



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STEP 8

1. Connect the two paper plates with a paper fastener.
2. Now, let your child enjoy playing with their craft. You can teach them their daily routine, for example, when it is time to eat their breakfast, ask them to spin the second paper plate to show daytime and when is dinner time, ask them to spin the second paper plate to show nighttime.



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ENJOY!!

